

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024 Tomball Retirement Center

9: Sit and Be Fit in 1
Chapel
9:30 Walmart Trip
10: Residents
Choice Media Room
2: Trivia w/ Laura
3: Fall Festival
Committee Meeting

9: Sit and Be Fit in 2
Chapel
10: Outing to Big
Lots*
1:15 Hymns &
Praise*
2: Karaoke Social*

9: Sit and Be Fit in 3
Chapel
10: Resident Choice
2: Bible Study
3: Kitchen Meeting

9: Sit and Be Fit in 4
Chapel
9:30 HEB Trip
10: Fall Festival
Meeting
2: Bingo
3: Trivia Time

10: Resident
Choices
2: Games in Media
Room
3:15 Time w/
Friends

10: Resident Led 6
Bible Study
1:15 Church Service
in Chapel* or
Games in Media
Room
3:15 Activity of
Choice

9: Sit and Be Fit in 7
Chapel
10: 10 Clues
2: Bingo
3: Recipe Talk in
Tasha 's Office

9: Sit and Be Fit in 8
Chapel
9:30 Walmart Trip
10: Residents
Choice Media Room
2: Never Have I Ever

9: Sit and Be Fit in 9
Chapel
10: Meet & Greet
1:15 Hymns &
Praise*
2: Name That Tune*

9: Sit and Be Fit in 10
Chapel
10:30 Meeting w/
Tasha in Chapel
2: Bible Study
3: Kitchen Meeting

9: Sit and Be Fit in 11
Chapel
9:30 HEB Trip
10: LCR Wild
2: Bingo
3: Kings Corner

10: Resident
Choices
2: Games in
Media Room
3:15 Time w/
Friends

10: Resident Led 13
Bible Study
2: Games in Media
Room
3:15 Activity of
Choice

9: Sit and Be Fit in 14
Chapel
10: Hot Rocks &
Dice
2: Bingo
3: Wine and Cheese

9: Sit and Be Fit in 15
Chapel
9:30 Walmart Trip
10: Residents
Choice Media Room
2: Family Feud

9: Sit and Be Fit in 16
Chapel
10: Perfect 10
Game*
1:15 Hymns &
Praise*
2: Resident Choice

9: Sit and Be Fit in 17
Chapel
10: Special
Speaker
2: Bible Study
3: Kitchen Meeting

9: Sit and Be Fit in 18
Chapel
9:30 HEB Trip
10: Cover The
Number
2: Bingo
3: My Favorite
Songs

10: Resident
Choices
2: Games in
Media Room
3:15 Time w/
Friends

10: Resident Led 20
Bible Study
2: Games in Media
Room
3:15 Activity of
Choice

9: Sit and Be Fit in 21
Chapel
10: That's Batty
2: Bingo
3: Patio Talk

9: Sit and Be Fit in 22
Chapel
9:30 Walmart Trip
10: Residents
Choice Media Room
2: Oct. Birthday
Party

9: Sit and Be Fit in 23
Chapel
10: Domino Cover
Up*
1:15 Hymns &
Praise*

9: Sit and Be Fit in 24
Chapel
10: Helping Hands
2: Bible Study
3: Kitchen Meeting

9: Sit and Be Fit in 25
Chapel
9:30 HEB Trip
10: Roll it Play it
2: Bingo
3: Patio Talk

**FALL FESTIVAL
10AM - 2PM**

10: Resident Led 27
Bible Study
2: Church Service in
Chapel* or Games
in Media Room
3:15 Activity of
Choice

9: Sit and Be Fit in 28
Chapel
10: Coffee &
Donuts Front Lobby
2: Bingo
3: Resident Choice

9: Sit and Be Fit in 29
Chapel
9:30 Walmart Trip
10: Residents
Choice Media Room
2: Resident Choice

9: Sit and Be Fit 30
in Chapel
11: Lunch Outing to
Crust Pizza Co.
1:15 Hymns &
Praise
3: Halloween Game

9: Sit and Be Fit in 31
Chapel
10: Resident Choice
2: Bible Study
3: Kitchen Meeting

October 2024
Activities will be Resident led unless
noted by *